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**Abstract**

Include your abstract here. A concise and factual abstract is required (150-250 words). The abstract should state briefly the purpose of the research, the principal results and major conclusions. An abstract is often presented separate from the body, so it must be able to stand alone. References should therefore be avoided but, if essential, they must be cited in full, without reference to the reference list.

**Key Words: Capital, Comma, Punctuation**

Immediately after the abstract, provide a maximum of 8 keywords, avoiding general and plural terms and multiple concepts (avoid, for example, 'and', 'of'). Be sparing with abbreviations: only abbreviations firmly established in the field may be eligible. Please delete these instructions before submitting your manuscript.

# **Introduction (Do not remove the “Introduction” Heading)**

Portions of this template was developed by Paul Rose of Southern Illinois University Edwardsville. To make the template more practical for typical class papers, we have made minor alterations to Dr. Rose’s template. To use this template, begin the body of your manuscript (your **introduction**) as the first paragraph beneath the title. Add your text and delete the placeholder text used in the template.

Submissions should be a minimum of 3,000 words and no longer than 10,000 words. The word count includes the main body of text, notes, references and the headers of tables and figures. It does not include the Title page, Abstract or Author Biography. A manuscript that exceeds 10,000 words will be returned without review.

APA style specifies that major components of the paper (abstract, body, references, etc.) each begin on a new page. The body of the text is typically divided into sections with headings such as Method, Results, and Discussion. For an example of a paper properly formatted per the APA Manual, Sixth Edition, go to [http://www.apastyle.org/manual/related/sample-experiment-paper-1.pdf](http://www.apastyle.org/manual/related/sample-experiment-paper-1.pdf%20%20%20) Some papers have multiple studies in them so the body could have multiple sections and subsections within it.

Sections can be further divided into subsections with headings. An example is a Method section divided into Participants, Materials, and Procedure subsections. Unlike in earlier editions of the APA manual, the sixth edition tells you to bold headings (but not the title above or anything on the title page). Below are examples.

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Ajournalarticle, R. H., & Seabreeze, R. M. (2002). Example of journal article reference

entry :Title of article goes here, sentence-style caps, no italics. *Journal Title in Italics and*

*Headline Style Caps, 22,* 236-252. doi:10.1016/0022-006X.56.6.893

B’authorsurname, I. M. (2010). *Example of a book reference: Book title in sentence style caps*

*and italics.* Publisher city, ST: Publisher. doi:10.1016/0022-006X.56.6.893

Cmagazinearticle, B. E. (1999, July). Note that names on this page also identify what kind of

source it is: Each source type has to be formatted in a different way. [Special issue]. *Prose*

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Donlinemagazineornewsletterarticle, B. E. (1999, July). Did you notice alphabetical references.

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Qchapter, P. R., & Inaneditedvolume, J. C. (2001). Scientific [research papers](http://www.siue.edu/education/psychology/facultypubs.shtml). In J. H. Stewart &

J. M. Kimmel (Eds.), *Research papers are hard work but boy, are they good for you* (pp. 123

256). New York, NY: Lucerne.

Rnewspaper articles without authors appear to sharply cut risk of schizophrenia. (1993, July 15).

*The Washington Post,* p. A12.

Figure 1. This simple path model, adapted from results in a *Journal of Consumer Behaviour* paper, is an example of a figure.

Alcohol Consumption

Frugality

Amount that Gets Spent on Alcohol

**Appendix**

The appendix is not required. If your manuscript has an appendix it must go at the end of the manuscript after the Reference Section, but before the Author Biography.

**Tables and Figures**

Tables and figures must be on separate pages at the end of the text (typical format for papers being submitted for publication) then the manuscript order is Title Page, Abstract, Body Text, Reference Section, Appendix (if any) , Tables and Figures and Author Biography.

APA format for tables omits the gridlines. See the APA Quick Reference Guide for table formatting rules. In addition, if you need instruction on creating tables in Word, you’ll find a variety of helpful videos posted on YouTube. I recommend the following tutorial for creating tables in Word <http://www.youtube.com/watch?v=0KVBaM4N3zw> If you find a helpful resource, please pass along the information to the Writing Support Team at [SoSWwritingsupport@gmail.com](mailto:SoSWwritingsupport@gmail.com)

Table 1

*Correlations Among and Descriptive Statistics for Key Study Variables*

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | *M* (*SD*) | Sex | Age | Income | Educ. | Relig. | Dist. Intol. |
| Sex | 1.53 (.50) |  | .07 | -.09 | .02 | .14 | .06 |
| Age | 31.88 (10.29) |  |  | .08 | .19\* | .20\* | .01 |
| Income | 2.60 (1.57) |  |  |  | .04 | -.14 | -.09 |
| Education | 3.44 (1.06) |  |  |  |  | -.29\* | -.06 |
| Relig. | 1.21 (.30) |  |  |  |  |  | -.19\* |
| Dist. Intol. | 3.75 (1.19) |  |  |  |  |  |  |

*Note. N*’s range from 107 to 109 due to occasional missing data. For sex, 0 = male, 1 = female. BHF = babies hoped for. Dist. Intol. = distress intolerance. Relig. = religiosity.\* *p* < .05.

# **Author Biography (do not remove “Author Biography” heading)**

# First Name Last Name state your profession and employer. And then continue to use single space, times new roman, 12pt font. There is a 200-word maximum per author biography.